

THE HAWES TOUGHIE

Start/Finish	Hawes National Park Centre
Distance	45 miles (75km)
Refreshments	Askrigg, Carperby, Redmire, Carlton, Horsehouse, Buckden
Toilets	At start, Castle Bolton (just off route), Kettlewell, Buckden
Nearest train station	Redmire on the Wensleydale Railway is just off the route

This route starts off with a gentle run down Wensleydale but then becomes tougher. A long climb up Coverdale takes you over Park Rash and down into Wharfedale, and then after another flatter section there is the climb over Fleets Moss to finish.

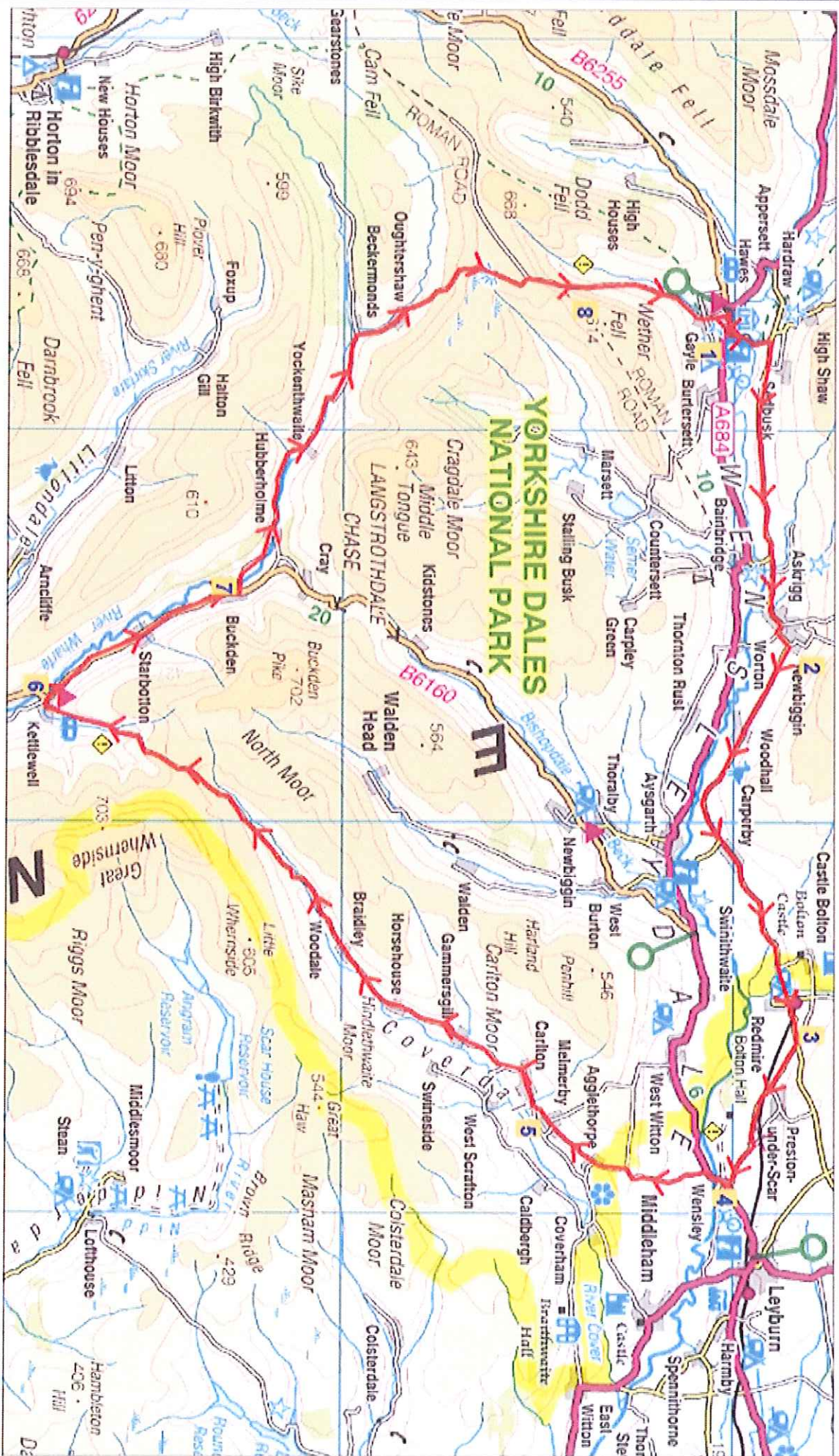
1. Turn right out of car-park then immediately right again by going around the island. Go over a bridge and upto a T junction. Turn right (signposted **Sedbusk**). Follow this minor road to Askrigg and climb up through the village.
2. Keep right at the top of the village (signposted **Carperby**) - after the climb out of the village it's an easy ride down the valley. Carry straight on through Carperby or divert right down the hill to Aysgarth for Café and toilets, and a look at the Falls.
3. Go through Redmire, or divert to Castle Bolton for a look round. Up a short climb and then continue on this road to reach a T-junction with the A684.
4. Turn right drop down over the river and take the next left. A steep climb takes you over to Coverdale and a T-junction.
5. Turn right (signed Carlton) and follow this lovely road up the valley, through the villages of Carlton, Horsehouse and Braidley. There is a short descent to cross the river, and then back up the other side. The final section of the climb is tough, but then there is a quick descent to Kettlewell. Take care on the descent as there are tight corners.
6. When you reach Kettlewell go straight across and down the side of the shop, then turn right on to the main road up the valley. Carry on through Starbotton to reach Buckden.
7. As you reach Buckden village, turn left (signed **Hubberholme**). This lovely road climbs gently up Langstrothdale valley, and after passing through Hubberholme there are few houses about. After Oughtershaw the climb up Fleets Moss starts for real with a few steep hairpins at the top.
8. From the top of Fleets Moss is a very quick run back to Hawes. The first section of the descent is steep and straight but watch out for sheep and side winds. After you drop into Gayle village you turn left over a bridge and then around to the right. Past the Wensleydale Creamery to a T-junction. Turn right to return to the start.

For more routes see www.cyclethedales.org.uk

Hawes toughie

Start: Hawes
Distance: 45 miles (75km)

Scale 1:133000



This map is reproduced from Ordnance Survey material with the permission of Ordnance Survey on behalf of the Controller of Her Majesty's Stationery Office. © Crown Copyright. Unauthorised reproduction infringes Crown copyright and may lead to prosecution or civil proceedings.

Yorkshire Dales National Park Authority 100023740 2009
Additional information: © Yorkshire Dales National Park Authority